

**FRUITS
VEGETABLES
MUSHROOMS
AND MORE**



**HOUSE OF CAI
CATALOGUES**

House Of Cai (HOC) is a fresh produce company rooted in the values of family and home, supplying premium vegetables and fruits to restaurants, cafes, hotels, and hawkers. Honouring its founder's late mother, 蔡, the brand combines tradition with innovation, bringing warmth, quality, and connection to every table it serves.

蔡之家 (House Of Cai, 简称 HOC) 是一家以家庭和亲情为核心价值的优质生鲜供应商，专为餐厅、咖啡馆、酒店和小贩提供高品质的蔬果产品。品牌以创办人已故母亲“蔡”命名，融合传统与创新，致力于将温暖、品质与连结带到每一个餐桌上。



TABLE OF CONTENTS

LEAFY VEGETABLES	3
BRASSICA	6
GOURDS & MELONS	7
ASPARAGUS	9
LEGUMES	9
CORNS	10
NIGHTSHADES	11
PEPPERS	12
ROOTS & TUBERS	13
SPROUTS	15
ALLIUMS	16
HERBS	17
FUNGUS	19
FRUITS	20
OTHER PRODUCTS	23



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LEAFY VEGETABLES

Welcome to the "Leafy Vegetables" section of **House Of Cai's** product catalogue. Our fresh, high-quality leafy greens, packed with essential vitamins and minerals, are perfect for salads, soups, and stir-fries. From popular choices like spinach and lettuce to unique Asian greens, each product is carefully selected to ensure the best in freshness and quality. Enjoy the nutritious benefits of leafy greens with **House Of Cai** - your reliable source for fresh produce.

欢迎来到**蔡之家**产品目录的“叶菜类”部分。叶菜类富含维生素和矿物质，是健康饮食的重要组成部分。我们的产品包括各种新鲜高品质的绿叶蔬菜，从常见的菠菜和生菜到独特的亚洲绿叶蔬菜，每一款都经过精心挑选，确保最佳新鲜度和质量。选择**蔡之家**，享受叶菜类的营养益处，是您值得信赖的新鲜农产品来源。

BABY KAILAN
小芥兰



HONG KONG KAILAN MIAO
香港芥兰苗



KAILAN
芥兰



HONG KONG KAILAN
香港芥兰



CAI XIN
菜心



HONG KONG CAI XIN
香港菜心



BABY QING BAI
青白仔



XIAO BAI CAI
小白菜



NAI BAI
奶白



SHANGHAI GREEN
上海青



WA WA CAI
娃娃菜



JIU BAI/ KOEPEH
九白菜



BABY SPINACH
小菠菜



BABY CEYLON SPINACH
苋菜苗



BABY ROUND CEYLON SPINACH
苋菜苗
(圓叶)



CEYLON SPINACH
苋菜



CHINESE SPINACH
中国菠菜



KANG KONG
莧菜



WATERCRESS
西洋菜



**QING LONG CAI/
DRAGON CHIVES**
青龙菜



DI WANG CAI
地皇菜



KOW KEE CHYE
枸杞菜



**SAYUR MANIS/
MANI VEGETABLE**
马尼菜



SWEET POTATO LEAVES
番薯叶



**TEO CHEW PEK/
YOU BAI**
有白/
潮州白



TANG-OH
茼蒿



XIANG MAI
香麦



CELTUCE
莴笋



**ARUGULA/
ROCKET**
芝麻菜



**MESCLUN
SALAD**
沙拉生菜



ICE PLANT
冰菜



**ICEBERG
LETTUCE**
玻璃生菜



**BABY ROMAINE
LETTUCE**
罗曼生菜仔



**ROMAINE
LETTUCE**
罗曼生菜



**BUTTERHEAD
LETTUCE**
奶油生菜



THAI LETTUCE
泰国生菜



GREEN CORAL
青生菜



RED CORAL
红生菜



Leafy greens are packed with essential vitamins, minerals, and antioxidants that boost your immune system, improve heart health, support strong bones, enhance digestion, and promote healthy skin. Including them in your diet can significantly improve overall health and well-being.

绿叶蔬菜富含必需的维生素、矿物质和抗氧化剂，能增强免疫系统、改善心脏健康、支持强壮骨骼、促进消化和保持皮肤健康。将它们纳入饮食中可以显著提高整体健康和福祉。



BRASSICA

Brassica vegetables, also known as cruciferous vegetables, are renowned for their exceptional nutritional benefits and versatile culinary uses. This category includes popular choices such as broccoli, cauliflower, cabbage, kale, and brussel sprouts. Rich in vitamins, minerals, and antioxidants, Brassica vegetables support a healthy immune system, promote heart health, and reduce the risk of chronic diseases. Explore our selection of fresh, high-quality Brassica vegetables, carefully sourced to ensure the best in taste and nutrition. Enjoy the health benefits and delicious flavours that Brassica vegetables bring to your meals.

欢迎来到我们的产品目录的“十字花科蔬菜”部分。十字花科蔬菜，也称为十字花科蔬菜，以其卓越的营养价值和多样的烹饪用途而闻名。这个类别包括受欢迎的蔬菜，如西兰花、花椰菜、卷心菜、羽衣甘蓝和小包菜。十字花科蔬菜富含维生素、矿物质和抗氧化剂，能够支持健康的免疫系统、促进心脏健康并降低慢性疾病的风险。探索我们精心挑选的新鲜、高品质的十字花科蔬菜，确保最佳的口感和营养。享受十字花科蔬菜为您的餐桌带来的健康益处和美味风味。

KALE
羽衣甘蓝



CAULIFLOWER
菜花



BROCCOLINI
兰花台



BROCCOLI
西兰花



BRUSSEL SPROUTS
小包菜



BEIJING CABBAGE
北京包菜



RED CABBAGE
紫甘蓝



MUSTARD CABBAGE
芥菜



CHINESE CABBAGE
大白菜



ROUND CABBAGE
包菜





GOURDS & MELONS

Gourds and melons are a diverse and versatile category of vegetables that add unique flavours and textures to a variety of dishes. This category includes a wide range of produce such as bitter melon, bottle gourd, zucchini, pumpkin, and cantaloupe. Gourds are often used in savoury dishes, providing a mild flavour that complements many cuisines, while melons are typically enjoyed fresh for their sweet and refreshing taste. Whether you are making a hearty stew, a light summer salad, or a refreshing dessert, gourds and melons can enhance your culinary creations with their distinct characteristics.

Rich in vitamins, minerals, and antioxidants, gourds and melons offer numerous health benefits, including improved digestion, hydration, and immune support. They are packed with essential nutrients like vitamin A, vitamin C, potassium, and dietary fiber, which contribute to overall health and well-being. Their low calorie and high water content make them ideal for weight management and promoting hydration. Additionally, the antioxidants found in these vegetables can help reduce inflammation and protect against chronic diseases. Explore the world of gourds and melons to enhance your meals with their nutritious and delicious qualities, and enjoy the health benefits they bring to your diet.

瓜类和甜瓜是一类多样且用途广泛的蔬菜，为各种菜肴增添独特的风味和质地。这个类别包括苦瓜、蒲瓜、西葫芦、南瓜和哈密瓜等多种农产品。瓜类通常用于咸味菜肴，提供温和的味道，能与许多美食相得益彰，而甜瓜则因其甜美清爽的口感而新鲜食用。

瓜类和甜瓜富含维生素、矿物质和抗氧化剂，具有多种健康益处，包括改善消化、补充水分和增强免疫力。它们热量低，水分含量高，非常适合体重管理和整体健康。探索瓜类和甜瓜的世界，用其营养和美味提升您的餐桌。

**MINI
CUCUMBER**
迷你青瓜



**JAPANESE
CUCUMBER**
日本青瓜



CUCUMBER
青瓜



OLD CUCUMBER
老黄瓜



MINI BITTER GOURD
小苦瓜



BITTER GOURD
苦瓜



**CAU-CAU/
CHAYOTE**
水瓜/佛手瓜



BOTTLE GOURD
白蒲



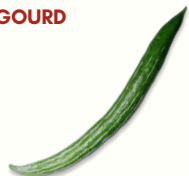
GREEN MARROW
毛瓜



ZUCCHINI
西葫芦
(青/黄)



SNAKE GOURD
蛇瓜



LUFFA
丝瓜/角瓜



PUMPKIN
南瓜/金瓜



WINTER MELON (CHINA)
中国冬瓜



WINTER MELON (MALAYSIA)
冬瓜



BUTTERNUT SQUASH
胡桃金瓜



ASPARAGUS

Asparagus is nutritionally rich in vitamins A, C, K, folate, and fibre, offering health benefits. Its tender, flavourful spears make it versatile for cooking methods like steaming, grilling, or roasting.

芦笋因其独特的品质和营养而独立成类。它以嫩滑、美味的茎而闻名，富含维生素A、C和K、叶酸和纤维，有助于整体健康。无论是蒸、烤还是煎炒，芦笋都非常多用途。

ASPARAGUS
芦笋



LEGUMES

Legumes are nutrient-rich foods that include beans, lentils, peas, and chickpeas. They are high in protein and fiber, and provide essential nutrients like iron, magnesium, and B vitamins. Legumes are low in fat and help regulate blood sugar levels, supporting heart health and digestion.

豆类是富含营养的食物，包括豆类、扁豆、豌豆和鹰嘴豆。它们富含蛋白质和纤维，并提供铁、镁和维生素B等必需营养素。豆类脂肪含量低，有助于调节血糖水平，支持心脏健康和消化功能。

LONG BEAN
长豆



BABY FINE BEAN
小毛豆



FRENCH BEAN (INDONESIA)
毛豆



FRENCH BEAN (MALAYSIA)
大毛豆



WINGED BEAN
四角豆



**SNOW PEA/
HOLLAND BEAN**
荷兰豆



**SWEET PEA/
SUGAR PEA**
甜豌豆



PETAI
臭豆



**LADY FINGER/
OKRA**
羊角豆/
秋葵



CORNS

Corn, or maize, is a versatile and nutritious staple enjoyed worldwide. Our high-quality selection includes sweet corn for salads and sides, and field corn for cornmeal and animal feed. Rich in vitamins, minerals, and fibre, corn is a valuable addition to any diet. Explore our range and enjoy the benefits corn brings to your meals, with the assurance of the freshest produce and top customer satisfaction from House Of Cai.

玉米，也叫做玉蜀黍，是全球广泛享用的多功能营养主食。我们精选的高品质玉米包括适合做沙拉和配菜的甜玉米，以及用于制作玉米粉和动物饲料的硬玉米。玉米富含维生素、矿物质和纤维，是任何饮食中的宝贵补充。探索我们的玉米产品系列，享受玉米为您的餐桌带来的益处，并相信蔡之家为您提供最新鲜的农产品和最佳的客户满意度。

BABY CORN
玉米芯



CORN
玉米



PEARL CORN
珍珠玉米



WHITE CORN
白玉米





THAI BRINJAL
小圓茄



MEDIUM TOMATO
番茄(中)



EXTRA LARGE TOMATO
番茄(特大)



**EGGPLANT/
BRINJAL**
茄子



ROMA TOMATO
罗马番茄



CHERRY TOMATO
櫻桃番茄



NIGHTSHADES

Nightshades, including tomatoes, bell peppers, and eggplants, are known for their vibrant colours and flavours. Rich in vitamins A and C, potassium, and antioxidants, they support immune health, heart health, and reduce inflammation. Despite some misconceptions, nightshades are staples in many cuisines, versatile in salads, roasted dishes, stews, and sauces. Enjoy their nutritional benefits and culinary versatility to enhance your meals.

茄科蔬菜，包括西红柿、甜椒和茄子，以其鲜艳的颜色和独特的风味而闻名。它们富含维生素A和C、钾和抗氧化剂，提供诸如增强免疫力、促进心脏健康和减少炎症等健康益处。尽管存在一些误解，茄科蔬菜仍是许多菜肴中的主食，并且在从沙拉、烤蔬菜到炖菜和酱汁的各种菜肴中具有多样性。享受茄科蔬菜的营养力量和烹饪多样性，提升您的餐桌美味。

**CHERRY TOMATOES
ON VINE**
櫻桃番茄
(帶藤)



YELLOW CHERRY TOMATO
櫻桃番茄
(黃)



MINI HEIRLOOM TOMATO
迷你
祖傳番茄



MEDLY CHERRY TOMATO
混合
櫻桃番茄



RED CHILLI PADI
小红辣椒



RED CHILLI
红辣椒



GREEN CHILLI PADI
小青辣椒



GREEN CHILLI
青辣椒



PEPPERS

Peppers, including bell peppers and chili peppers, are vibrant and flavourful vegetables known for their diverse colours and tastes. Capsicums, or bell peppers, are botanically part of the nightshade family, they are categorised separately due to their unique culinary uses and benefits. Peppers are rich in vitamins A, C, and E, and provide antioxidants that boost immune health, improve skin, and reduce inflammation. They are also high in fibre, aiding digestion and weight management. Capsaicin in chili peppers offers additional health benefits like pain relief and improved metabolism. Incorporate peppers into your diet to add colour, flavour, and numerous health benefits to your meals.

辣椒，包括甜椒和辣椒，以其多样的颜色和口味而闻名，是一种充满活力和风味的蔬菜。甜椒，也称为灯笼椒，因其甜美的味道和高营养价值而在此类别中受到重视。虽然甜椒属于茄科家族，但由于其独特的烹饪用途和益处，它们被单独分类。辣椒富含维生素A、C和E，并提供抗氧化剂，可以增强免疫健康、改善皮肤和减少炎症。它们还富含纤维，有助于消化和体重管理。辣椒中的辣椒素还具有止痛和改善代谢的健康益处。将辣椒纳入您的饮食，为您的餐桌增添色彩、风味和诸多健康益处。



GREEN CAPSICUM
青灯笼椒



YELLOW CAPSICUM
黄灯笼椒



RED CAPSICUM
红灯笼椒



ROOTS & TUBERS

Roots and tubers, including potatoes, carrots, beets, and sweet potatoes, are nutrient-dense vegetables that grow underground. Rich in vitamins, minerals, and fiber, they offer health benefits like improved digestion, enhanced energy, and better heart health. Versatile in the kitchen, they can be roasted, boiled, steamed, or fried, making them staples in many cuisines. Explore the "Roots & Tubers" category for fresh, high-quality options that add nutrition and flavour to your meals.

根茎类蔬菜包括土豆、胡萝卜、甜菜和红薯等，这些富含营养的蔬菜生长在地下，富含维生素、矿物质和纤维，提供多种健康益处，如改善消化、增强能量和促进心脏健康。它们在厨房中用途广泛，可以烤、煮、蒸或炸，是许多菜肴中的主食。探索“根茎类”类别，发现新鲜、高品质的选择，为您的餐桌增添营养和风味。

BABY POTATO
小马铃薯



LARGE POTATO
大马铃薯



RUSSET POTATO
美国马铃薯



WHITE SKIN POTATO
白皮马铃薯



HONEY SWEET POTATO
蜂蜜番薯



SWEET POTATO (RED)
番薯(红肉)



SWEET POTATO (YELLOW)
番薯(黄肉)



RED SKIN POTATO
红皮马铃薯



PURPLE SWEET POTATO
日本紫薯



JAPANESE SWEET POTATO
日本番薯
(黄肉)



TAPIOCA
木薯



YAM/TARO
芋头



RED RADISH
樱桃萝卜



BABY CARROT WITH LEAF
带叶萝卜



RED CARROT
红萝卜



WHITE RADISH/ DAIKON
白萝卜



GREEN CARROT
青萝卜



LOTUS ROOT
莲藕



WATER CHESTNUT
马蹄



YOUNG GINGER
子姜



OLD GINGER
老姜



BENTONG GINGER
文东姜



BLUE GINGER
南姜



YELLOW GINGER
黄姜



BEETROOT
米都



TURNIP/ MANG GUANG
芒光/沙葛



ARROW ROOT
粉葛



CHINESE YAM/ HUAI SHAN
山药/淮山





SPROUTS

Sprouts are young, nutritious shoots full of vitamins and antioxidants. Easy to add to salads, sandwiches, and stir-fries, they bring a fresh, crunchy boost to any meal. Explore our "Sprouts" category for fresh, high-quality options.

芽菜是富含维生素和抗氧化剂的嫩芽，营养丰富。它们容易添加到沙拉、三明治和炒菜中，为每餐带来新鲜脆爽的口感。探索我们的“芽菜”类别，发现新鲜、高品质的选择。

ALFAFA SPROUTS
苜蓿芽



SILVER BEAN
银牙



BEAN SPROUT
豆芽



BABY DOU MIAO
嫩豆苗



BIG BEAN SPROUT
大豆芽



TAILLESS BEAN SPROUT
去尾豆芽



ALLIUM

The Allium category features flavourful and aromatic vegetables like onions, garlic, leeks, and shallots. Known for their distinctive tastes and health benefits, alliums are rich in vitamins, minerals, and antioxidants. They support immune health, improve cardiovascular function, and reduce inflammation. Versatile in cooking, alliums enhance the flavour of soups, stews, sauces, and salads. Explore our "Allium" category for fresh, high-quality options to elevate your dishes.

葱属类别包括各种风味独特且芳香四溢的蔬菜，如洋葱、大蒜、韭葱和青葱。这些蔬菜以其独特的味道和强大的健康益处而闻名。葱属蔬菜富含维生素、矿物质和抗氧化剂，有助于增强免疫健康、改善心血管功能，并具有抗炎特性。它们在烹饪中用途广泛，从汤和炖菜到酱汁和沙拉，都能提升菜肴的风味。探索我们的“葱属”类别，获取新鲜、高品质的选择，提升您的烹饪创意。

CHIVE
韭菜



YELLOW CHIVE/ JIU HUANG
韭黄



SPRING ONION
青葱



NORTHERN LEEK/ BEI CONG
北葱



LEEK FLOWER/ GARLIC FLOWER
蒜花



LOOSE GARLIC
蒜头(散)



WHOLE GARLIC
蒜头



CHINA LEEK
中国大蒜



SHALLOT
小红葱



BOMBAY ONION
红大葱



LARGE ONION
大洋葱



LILY BULB
百合



HERBS

Herbs like basil, parsley, cilantro, mint, and rosemary are nutritious, containing vitamins, minerals, and antioxidants. They promote digestion, reduce inflammation, and boost immune function. These versatile herbs can be used fresh or dried to enhance the flavour of various dishes.

香草类别包括罗勒、欧芹、香菜、薄荷和迷迭香等芳香植物。香草以其鲜明的风味和健康益处而闻名，富含维生素、矿物质和抗氧化剂。它们有助于改善消化、减少炎症和增强免疫功能。新鲜和干燥形式的香草用途广泛，可用于沙拉、酱汁、腌料和装饰品。探索我们的“香草”类别，获取新鲜、高品质的香草，为您的餐点增添风味和营养。

**ENGLISH
PARSLEY**
西芹苗



**ITALIAN
PARSLEY**
欧芹/
意大利芹苗



**CORIANDER/
CHINESE PARSLEY**
香菜/芹苗



**THAI PARSLEY/
SAW LEAF**
泰国芹苗/
刺芹苗



**SWEET
BASIL**
九层塔/
金不换(甜)



HOT BASIL
金不换/
神罗勒



HERB BASIL
罗勒/巴西叶



**CHINESE
CELERY**
芹菜/
唐芹



**ENGLISH
CELERY**
西芹



CHIVES HERB
细韭菜



**PANDAN
LEAVES (S)**
香兰叶(小)



**PANDAN
LEAVES (L)**
香兰叶(大)



**BANANA
LEAVES**
香蕉叶



MINT LEAF
薄荷叶



SAGE
鼠尾草



DILL
茴香



ROSEMARY
迷迭香



THYMES
百里香



LEMONGRASS
香茅/葱毛



CURRY LEAF
咖喱叶



LAKSA LEAF
叻沙叶



LIME LEAF
大柑叶/
酸柑叶



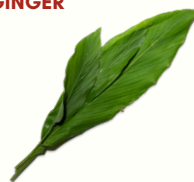
**SALAM
LEAF**
月桂叶



**GINGER
FLOWER**
姜花



**YELLOW GINGER
LEAF**
黄姜叶



FUNGUS

Mushrooms are neither plants nor animals; they belong to their own kingdom called Fungi. Rich in vitamins, minerals, and antioxidants, mushrooms support immune health, enhance digestion, and provide essential nutrients. Mushrooms are also a rare non-animal source of vitamin D, making them an excellent choice for those looking to boost their vitamin intake naturally.

蘑菇既不是植物也不是动物，它们属于自己的领域——真菌。蘑菇富含维生素、矿物质和抗氧化剂，有助于增强免疫健康、改善消化并提供必需的营养素。蘑菇也是一种罕见的非动物来源的维生素D，对于那些希望自然增加维生素摄入量的人来说是一个绝佳选择。

ABALONE/OYSTER MUSHROOM
鲍鱼菇 / 鸡丝菇



MINI KING OYSTER MUSHROOM
迷你杏鲍菇



KING OYSTER MUSHROOM
杏鲍菇



KING OYSTER MUSHROOM (XL)
特大杏鲍菇



WHITE SHIMEJI MUSHROOM
白玉菇



BROWN SHIMEJI MUSHROOM
松菇 / 蟹味菇



SHIITAKE MUSHROOM
日本花菇



ENOKI MUSHROOM
金针菇



PORTOBELLO MUSHROOM
大花菇



BUTTON MUSHROOM
白菇



SWISS BROWN MUSHROOM
褐色小蘑菇



STRAW MUSHROOM
草菇



BLACK FUNGUS/ WOOD-EAR MUSHROOM
黑木耳



**RED
APPLE**
红苹果



**GREEN
APPLE**
青苹果



PEAR
雪梨



BANANA
香蕉



FRUITS

The Fruits category offers a vibrant selection of nature's sweetest and most nutritious offerings, including citrus, berries, tropical fruits, stone fruits, pome fruits and melons. Packed with essential vitamins, minerals, and antioxidants, fruits are vital for maintaining overall health and well-being. They support immune function, improve heart health, aid digestion, and provide a natural source of energy. Fruits are versatile and can be enjoyed fresh, dried, or juiced, and used in a variety of dishes from salads and desserts to smoothies and snacks.

水果类别提供了大自然最甜美和最营养的选择，包括柑橘类、浆果、热带水果、核果、仁果和甜瓜。水果富含必需的维生素、矿物质和抗氧化剂，对于维持整体健康和福祉至关重要。它们有助于增强免疫功能、改善心脏健康、促进消化，并提供天然的能量来源。水果用途广泛，可以新鲜食用、干燥保存或榨汁，甚至可以用于制作沙拉和甜点。

GREEN MANGO
青芒果



**HONEY
MANGO**
蜂蜜芒果



BLUEBERRY
蓝莓



STRAWBERRY
草莓



NECTARINE
油桃



PEACH
桃



**SEEDLESS
GREEN GRAPE**
无籽青葡萄



**SEEDLESS
RED GRAPE**
无籽红葡萄





AVOCADO
牛油果



RED DRAGONFRUIT
火龙果
(红肉)



YELLOW DRAGONFRUIT
火龙果
(黄皮白肉)



PRE-CUT COCONUT
预切椰子



ROCKMELON
哈密瓜



HONEYDEW
蜜瓜



PAPAYA
木瓜



PINEAPPLE
黄梨



RED WATERMELON
红西瓜



GREEN PAPAYA
青木瓜



HONEY PINEAPPLE
水晶黄梨



YELLOW WATERMELON
黄瓤西瓜



MANGOSTEEN
山竹



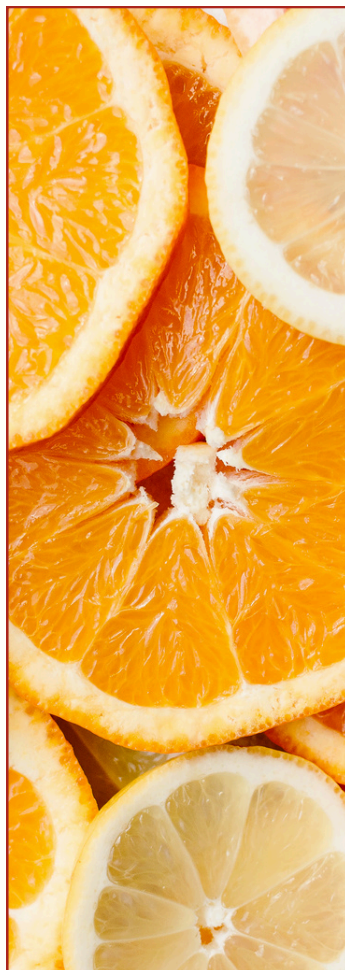
LYCHEE
荔枝



LONGAN
龙眼



RAMBUTAN
红毛丹



MANDARIN ORANGE
橘子



NAVEL ORANGE
脐橙



VALENCIA ORANGE
瓦倫西亞橙/
夏橙



BLOOD ORANGE
血橙



GRAPEFRUIT
葡萄柚



LEMON
檸檬

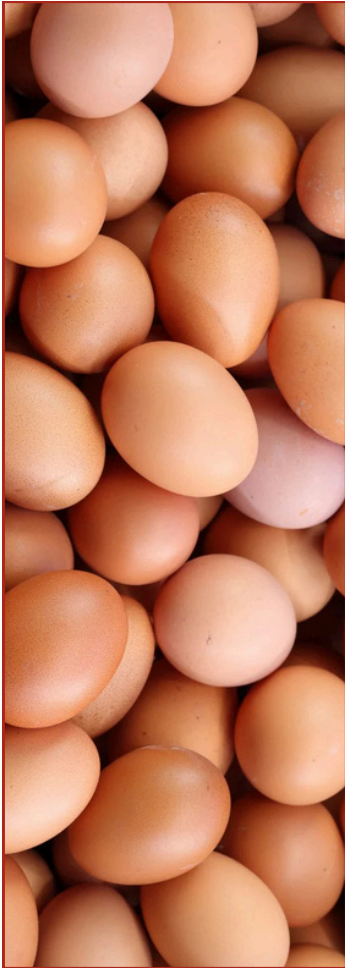


**CALAMANSI/
SMALL LIME**
小酸柑



**BIG LIME/
GREEN LIME**
青柠





OTHER PRODUCTS

The “Other Products” category features a thoughtfully curated range of traditional noodles such as mee kia, mee pok, kway teow, and hor fun, alongside essential packet goods including coconut cream, tofu, preserved vegetables, and fresh eggs. These ingredients form the backbone of many beloved Asian dishes, from comforting hawker favourites to home-cooked family recipes.

Carefully selected for quality and freshness, these products help enhance the depth of flavour, aroma, and texture in every meal. Whether you are preparing a rich, creamy curry, a fragrant stir-fry, or a simple yet satisfying bowl of noodles, our “Other Products” selection ensures convenience without compromising on authenticity and taste.

“其他产品”类别精心挑选了一系列传统面条，如细面、面薄、粿条和河粉，以及多种常用包装食品，包括椰浆、豆腐、腌制蔬菜和新鲜鸡蛋。这些食材是许多经典亚洲美食的基础，无论是熟悉的街边小吃，还是温馨的家常料理，都离不开它们的搭配。

我们注重品质与新鲜度，确保每一种产品都能提升菜肴的风味层次、香气与口感。不论是烹煮浓郁顺滑的咖喱、香气四溢的炒菜，还是一碗简单却满足的面食，“其他产品”系列都能在保证方便性的同时，保留最地道、纯正的亚洲风味。

COOKING OIL
食用油



SALTED VEGETABLE
咸菜



SALTED MUI CHYE
咸梅菜



SZE CHUAN VEGETABLE
四川榨菜



FINE SALT
幼盐



MANTOU
馒头



COCONUT CREAM
椰奶



GRASS JELLY
仙草



FINE SUGAR
糖



FISH CAKE
鱼饼



SLICED FISH CAKE
鱼饼片



FISH BALL
鱼圆/鱼丸



EGG
鸡蛋



DRIED BEE HOON
干米粉



CHEE CHEONG FUN
猪肠粉



IPOH HOR FUN
怡宝河粉



BIG TAU KWA
大豆干



GOLDEN TAU KWA
黄金豆干



EXTRA LARGE TAU KWA
特大豆干



TAUPOK
豆卜



EGG BEANCURD
蛋豆腐/
玉子豆腐



JAPANESE TOFU
日本豆腐



TOFU (GREEN)
豆腐



TOFU (RED)
豆腐



TEMPEH
天贝



MEEKIA
面仔/幼面



MEEPOK
生面泊



YELLOW NOODLE
黄面



HOR FUN
河粉



KWAY TEOW
粿条



LAKSA BEE HOON
叻沙米粉/
粗米粉



MEE TAI BAK
米苔目/
老鼠粉



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